



Community Paramedic Practitioner Training Program

Premergency's Community Paramedic Practitioner is an online training program designed to prepare paramedics with the knowledge and skills required to become Community Paramedics and offer support to their communities and long-term care programs across Ontario.

Our Purpose

To prepare paramedics by developing evidence-based training fostering Critical Thinking skills, research, and leading practices; empowering them to support their communities with long-term care strategies in collaboration with health partners.

Learning Goals

The program's overarching goals contemplate four key areas for fulfilling key module-specific objectives and the optimal development of the Community Paramedic.

- **Understand** what Community Paramedic means to the healthcare system and its importance to the community and patient well-being and its relation to social accountability.
- **Identify** patient and community's needs, as well as improvements in the quality of life and prevention initiatives to mitigate risks and ensure optimal palliative care.
- **Develop** key skills -including critical reflection and self-reflection as a foundation for Critical Thinking development-, and an appreciation for community paramedicine research, incorporating it into their practice.
- **Evaluate** the basic and instrumental activities of daily living, its risks within community environments, and opportunities for improvement of the patient's quality of life, as well as evaluate and manage the progress and effectiveness of palliative care and treatments.



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Expected Learning Outcomes

Upon successful completion of the program, the Community Paramedic will be able to:

1. **Identify** the community's health needs concerning chronic illness and aging at home and be part of its health assessment.
2. **Build and increase community awareness** of health prevention and promotion.
3. **Describe and contrast** the types of healthcare delivery in the community, including aspects of social accountability, which may include:
 - To **determine** the need for community resources
 - **Identify** social determinants and cultural variables affecting patients
4. Describe, access, and understand the spectrum and structure of **community-based care** resources and rehabilitation services available for seniors, and develop a network of resources for patients.
5. Summarize the structure of **continuing care** and provide community referrals.
6. **Work collaboratively** with interdisciplinary team members to develop and implement care plans.
7. **Communicate**, coordinate, and collaborate to implement key components of appropriate care, transfer, or discharge plan using interdisciplinary team resources.
8. **Discuss the care and treatment** of geriatric patients within the community.
9. Describe the monitoring, management, and treatment of the **palliative care** patient.
10. Identify the **relevance of evidence and research**.



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11. Maintains competence in one's own profession, appropriate to scope of practice.
12. Recognizes one's own limitations in knowledge, skills, and abilities.
13. Takes personal responsibility for maintaining currency of knowledge and clinical skills.
14. Receive constructive feedback from mentors/co-workers and integrate appropriately into practice.
15. Establish and maintain positive working relationships with patients, co-workers, families, and other health care professionals through productive communication practices.

Partially Adapted from:

Board for Critical Care Transport Paramedic Certification BCCTCP (2016). Certified community paramedic (CP-C) detailed content outline.

Charles, L., Triscott, J., Dobbs, B., McKay, R. (2014). Geriatric core competencies for family medicine curriculum and enhanced skills: Care of the elderly. *Canadian Geriatric Journal*, 17(2). DOI:<http://dx.doi.org/10.5770/cgj.17.95>.